



Nutritional Report

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Davidson Extra Large Pasteurized Shell Eggs, Graded, Loose Pack, 1/15 Dozen Case

Nutrition Facts

180 Servings Per Container	
Serving size	1 egg (56g)
Amount per serving	
Calories	80
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 2g	10%
<i>Trans</i> Fat 0g	
Cholesterol 210mg	70%
Sodium 80mg	3%
Total Carbohydrate 0g	0%
Dietary Fiber 0g	0%
Total Sugars 0g	
Includes 0g Added Sugars	0%
Protein 7g	14%
Vitamin D 1mcg	6%
Calcium 31mg	2%
Iron 1mg	6%
Potassium 77mg	2%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WHOLE SHELL EGG, FOOD GRADE WAX (TO PRESERVE FRESHNESS).

Nutritional Facts

NUTRIENT	Amount Per 100 Grams>	UoM
Calories	143	kCA
Calories from Saturated Fat	28.1	kCA
Total Fat	9.51	GM
Saturated Fat	3.13	GM
Trans Fat	0.1	GM
Polyunsaturated Fat	1.91	GM
Monounsaturated Fat	3.66	GM
Cholesterol	372	MG
Sodium	142	MG
Total Carbohydrate	0.7	GM
Dietary Fiber	0	GM
Total Sugars	0.37	GM
Added Sugars	0	GM
Protein	12.56	GM
Vitamin D	2	mcg
Calcium	56	MG
Iron	1.75	MG
Potassium	138	MG
Vitamin A mcg RAE	160	mcg
Vitamin C	0	MG
Water	76.15	GM
Ash	1.06	GM