

**63514-41430-00**

Davidson's Medium Pasteurized Shell Eggs, Graded, 1/15 Dozen Case

**Nutrition Facts**

180 Servings Per Container	
<b>Serving size</b>	<b>1 egg (44g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>60</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 4g	<b>5%</b>
Saturated Fat 1.5g	<b>8%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 165mg	<b>55%</b>
<b>Sodium</b> 60mg	<b>3%</b>
<b>Total Carbohydrate</b> 0g	<b>0%</b>
Dietary Fiber 0g	<b>0%</b>
Total Sugars 0g	
Includes 0g Added Sugars	<b>0%</b>
<b>Protein</b> 6g	<b>12%</b>
Vitamin D 1mcg	6%
Calcium 25mg	2%
Iron 1mg	6%
Potassium 61mg	2%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

**INGREDIENTS:** WHOLE SHELL EGG, FOOD GRADE WAX (TO PRESERVE FRESHNESS).

## **Nutritional Facts**

<b>NUTRIENT</b>	<b>Amount Per 100 Grams&gt;</b>	<b>UoM</b>
Calories	143	kCA
Calories from Saturated Fat	28.1	kCA
Total Fat	9.51	GM
Saturated Fat	3.13	GM
Trans Fat	0.1	GM
Polyunsaturated Fat	1.91	GM
Monounsaturated Fat	3.66	GM
Cholesterol	372	MG
Sodium	142	MG
Total Carbohydrate	0.7	GM
Dietary Fiber	0	GM
Total Sugars	0.37	GM
Added Sugars	0	GM
Protein	12.56	GM
Vitamin D	2	mcg
Calcium	56	MG
Iron	1.75	MG
Potassium	138	MG
Vitamin A mcg RAE	160	mcg
Vitamin C	0	MG
Water	76.15	GM
Ash	1.06	GM